

## Free or Sliding Scale Services

Organization	County(ies) Served	Location	Contact Info	Services Offered	Intake Process	Health Insurance Required?	Languages Provided	Website
Anne Arundel Counseling	Anne Arundel; Queen Anne's; Howard; Prince George's	Annapolis, Bowie, Centerville, Columbia, Glen Burnie, Stevensville	Tel: (410) 768-5988 Email: info@annearundelcounseling.com	Therapy and Counseling, including services: DWI/DUI Education & Substance Abuse Treatment, counseling and mental health, behavioral health, and psychiatric services.  Telehealth/Virtual appointments available	Call (410) 768-5988 or fill out the form here: <a href="https://annearundelcounseling.cliclientsecure.me/">https://annearundelcounseling.cliclientsecure.me/</a>	The rate is a standard professional fee. Many major insurance plans are accepted. Insurance reimbursement is available for clients whose policies cover mental health services and allow for reimbursement. Flexible payment plans are available.	Spanish Services include: Programa certificado por el estado de Maryland Maryland State Certified Program  Programa de Educacion de DWI/DUI DWI/DUI Education Program  Tratamiento de Abuso de Sustancia Substance Abuse Treatment  Manejo de Ira Anger Management  Violencia domestica Domestic Violence  Las Evaluaciones Mentales de la Salud, Aconsejando y la Terapia Mental Health Evaluations, Counseling & Therapy  Terapia individual, Terapia familiar y Terapia de grupo Individual Therapy, Family Therapy & Group Therapy	<a href="https://annearundelcounseling.com/">https://annearundelcounseling.com/</a>
Asian/Pacific Islander DV Resource Project	DMV	Asian/Pacific Islander Domestic Violence Resource Project P.O. Box 14268 Washington, DC 20044	Tel: (202) 833-2232 Email: info@dvrp.org	Domestic Violence Victims	Call or email during office hours: Monday - Thursday: 9 AM - 6:30 PM, Friday: 9 AM - 6 PM  Tel: (202) 833.2232 Hotline: 202.833.2233 Email: info@dvrp.org More info can be found here: <a href="https://www.dvrp.org/general-5">https://www.dvrp.org/general-5</a>	Free	DVRP can provide help in Arabic, Bahasa Indonesia, Bengali, Cambodian, Cantonese, Hindi, Japanese, Korean, Lao, Mandarin, Mongolian, Pampango, Punjabi, Shanghainese, Sinhala, Tagalog, Ilokano, Thai, Urdu, Vietnamese	<a href="https://www.dvrp.org/">https://www.dvrp.org/</a>
University of Maryland SAFE Center	DMV	PO Box 923 College Park, MD 20741	Tel: (301) 314-7233 Email: safecenter@umaryland.edu	Human Trafficking victims; Residential counselors	Call (301) 314-7233 during hours of 9am-5pm Monday-Friday.  To refer someone, fill out the form here: <a href="https://umdsafecenter.org/client-referral-form/">https://umdsafecenter.org/client-referral-form/</a>	Free to survivors of sex and labor trafficking.	Case managers speak English and Spanish. Other language assistance is available through telephonic interpreters	<a href="https://umdsafecenter.org/">https://umdsafecenter.org/</a>
Family Crisis Center of Baltimore County	Serve mostly Baltimore County; Have/can serve others, like St. Mary's, Harford; Virtual Services Available	PO Box 3909 Dundalk, MD 21222	Tel: (410) 285-4357	Abuser Intervention Services	For more information or to schedule an assessment, call (410) 285-4357	Nonprofit Grant -- free for clients	1:1 session with Spanish clients with in person interpreter	<a href="https://www.familycrisiscenter.net/how-we-help/abuserinterventionervices/">https://www.familycrisiscenter.net/how-we-help/abuserinterventionervices/</a>
The Bridge Center at Adam's House	Prince George's	The Bridge Center 5001 Silver Hill Road Suite 300 Suitland, MD 20746	Tel: (301) 817-1900	Re-entry and holistic assistance program for individuals ages 18-24. Services including: Mental Health Services, Substance Abuse Treatment, Anger Management Courses, and others	Call (301) 817-1900 or send an email BridgeCenter@cc.pg.md.us to register. Hours are Monday - Friday 8:30am-5pm	Free for Prince George's County residents	English except Langley Park Multi Service Center located at 1401 University Blvd E, Hyattsville MD 20783, has bilingual staff who is fluent in Spanish and Portuguese. Spanish Speaking clients can be sent here	<a href="https://www.princegeorgescountymd.gov/community/health-human-services/health-services/program-s--services/behavioral-health/the-bridge-center-at-adams-house">https://www.princegeorgescountymd.gov/community/health-human-services/health-services/program-s--services/behavioral-health/the-bridge-center-at-adams-house</a>
Mental Health Services Projects Assisting Transition from Homelessness (PATH)	Montgomery	Grey Courthouse 27 Courthouse Square Rockville, MD 20850	Tel: (240) 777.1770	Referral for: Mental Health and Substance Abuse Referral Program. Aides individuals who suffer with severe and persistent mental illness (SPMI). Services include outreach, engagement, and linkage to mental health and addiction treatment in conjunction with case management services  Refers individual to respective services needed	Call (240) 777.1770	Provides assessment and linkages for low income adults living in Montgomery County who have no commercial insurance, and who are in need of services for major mental health and/or substance misuse problems  Sliding scale payment available	Assessment can be done in Spanish. If another language is needed, then can use a language line.	<a href="https://www.montgomerycountymd.gov/HHS-Program/Program.aspx?id=BHCS/BHCSACC/Behavealth/hsvcs-p239.html">https://www.montgomerycountymd.gov/HHS-Program/Program.aspx?id=BHCS/BHCSACC/Behavealth/hsvcs-p239.html</a>
Avery Road Treatment Center	State of Maryland (Montgomery, Carroll, Frederick, Baltimore City)	Rockville, Emmitsburg, Frederick, Baltimore, Sykesville, Westminster	See full list and corresponding contact information here: <a href="https://www.marylandtreatment.org/locations">https://www.marylandtreatment.org/locations</a>	Inpatient and Outpatient substance abuse program	Fill out the online referral form here: <a href="https://www.marylandtreatment.org/get-treatment-for-yourself">https://www.marylandtreatment.org/get-treatment-for-yourself</a>	Takes Medicaid. Call for sliding scale	Spanish speaking services offered at Rockville locations. Inpatient detoxification accepts Spanish speakers who have Maryland medical assistance, commercial insurance and uninsured Maryland residents. Accepts out of state patients if they have commercial insurance that we are contract with.  Have spanish speaking counselors and support staff to support inpatient stay. This length of stay is typically about 14-21 days. For more information call Avery Road Treatment Center at (301) 762-5613.  Offers a specialty outpatient program for Spanish speakers at Journeys Program located in Rockville. Offers in-person and virtual options. The same payment methods are accepted.	<a href="https://www.marylandtreatment.org/">https://www.marylandtreatment.org/</a>
Pregnancy Aid Center	Anyone	4700 Erie St College Park, MD 20740	Tel: (301) 345.2050	Parenting Classes; Medicaid application services;	Call (301) 345.2050 for the Women Infants and Children Program. You will need a proof of pregnancy.	Medicaid; depends on patient needs. If you are pregnant, you can get Medicaid. GYN patients and work with them payment method available.	Spanish interpreters on site	<a href="https://pregnancyaidcenter.org/services/other-resources/">https://pregnancyaidcenter.org/services/other-resources/</a>

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A Village Wellness Center	State of Maryland	804 Pershing Dr. #202 Silver Spring, MD 20910	Tel: (301) 328-7162 Email: info@avillagewc.com	Psychiatric Rehabilitation Program and Intensive Outpatient Program Substance Abuse Program	Call or Email: (301) 328-7162 or info@avillagewc.com. Hours are Mon-Fri: 9am-5pm	Free for eligible Medicaid recipients	Just English at this time.	<a href="https://avillagewc.com/">https://avillagewc.com/</a>
Advance Behavioral Health Therapy	Prince George's; Baltimore; Washington; Montgomery	Prince George's County, Baltimore, Frederick County, and Montgomery County	T: (301) 345-1022	Comprehensive psychiatric treatment.  Utilize individual, group, and family formats; Cognitive Behavioral Therapy; ctional regulation/anger management; play and recreational therapy; behavior modification; parent training, and the very successful SmartEmotions.	Fill out the referral form found here: <a href="https://forms.office.com/pages/responepage.aspx?id=E81OhOQ-zkq8YKwrcT3J_DwkHnWdchApf3kz_eo1fkIURExWU1EzNjFOV1Y2Sih_FOTRLRFVUSVg5TC4u">https://forms.office.com/pages/responepage.aspx?id=E81OhOQ-zkq8YKwrcT3J_DwkHnWdchApf3kz_eo1fkIURExWU1EzNjFOV1Y2Sih_FOTRLRFVUSVg5TC4u</a>  Mon-Fri 9am-6:30pm. Closed Saturdays and Sundays	Takes insurance; Includes medicaid.  Makes every effort to meet your needs. You will not be denied access to care due to the inability to pay; Works with major insurance companies, Medicaid, and Medicare.	Spanish speaking therapists, an interpreter or a language line.	<a href="https://www.abhmaryland.com/">https://www.abhmaryland.com/</a>
YWCA	Anne Arundel	1517 Ritchie Highway, Suite 201 Arnold, MD 21012	T: (410) 626.7800	Abuse Intervention; Counseling; Safe Housing	Call (410) 626.7800 or the Hotline at (410) 222.6800	Sliding Scale	Counseling: Just English; Other services in Spanish -- Language line.	<a href="https://www.annapoliswca.org/">https://www.annapoliswca.org/</a>
Behavioral Health Program / Cheverly Health Center	Prince George's County	3003 Hospital Drive Ground Floor Cheverly, MD 20785	Tel: 301-583-3300	Substance Abuse Recovery Program: Anyone experiencing emotional challenges, drug abuse or dissatisfaction with relationships with family members, friends, life partners or co-workers	Call (301) 583-3300 to make an appointment.	Takes insurance; Includes medicaid; Sliding scale available	English and Spanish bilingual program	<a href="https://www.princegeorgescountymd.gov/departments-offices/how-do-i-contact-staff-directory/health-cheverly-health-center">https://www.princegeorgescountymd.gov/departments-offices/how-do-i-contact-staff-directory/health-cheverly-health-center</a>

## Other Services

Organization	County(ies) Served	Location	Contact Info	Services Offered	Intake Process	Health Insurance Required?	Languages Provided	Website	Attorney Feedback
District Alliance for Safe Housing, Inc. (DASH)	DMV	District Alliance for Safe Housing (DASH) PO Box 91730 Washington, DC 20090-1730	Tel: 202-462-3274 Email: info@dashdc.org	Domestic Violence Victims - Safe housing; Rental Assistance Program	Hours are: Monday-Friday 9:00AM-5:00PM For DASH Safe Housing Programs, call 202-290-2356 ext. 101.  For Virginia Williams Family Resource Center, call (202) 526-0017 or email VW@dashdc.org	Various programs	Spanish speaking staff	<a href="https://dashdc.org/">https://dashdc.org/</a>	If you have notes, corrections, or feedback regarding any of these providers, or if you know of others that should be included, please email Stephanie Wolf (stephanie.wolf@maryland.gov) and Sean Link (sean.link@maryland.gov)
Prince George's County Family Justice Center	Prince George's County	14757 Main Street Upper Marlboro, MD 20772	Tel: (301) 780-8008	Domestic Violence Victims	Hours are: Monday-Friday 8:30am-5:00pm.  Book an appointment here: <a href="https://pgcfamilyjusticecenter.simplifybook.me/v2/#book">https://pgcfamilyjusticecenter.simplifybook.me/v2/#book</a>		English and Spanish	<a href="https://pgcfamilyjusticecenter.org/">https://pgcfamilyjusticecenter.org/</a>	
Tabula Rasa Domestic Violence	Montgomery and Prince George's	13017 Wisteria Drive, Suite 172 Germantown, Maryland 20874 4325 Forbes Blvd. Suite C Lanham, Maryland 20706	Tel: (240) 720-7868 Email: info@TabulaRasaDV.org	Domestic Violence Victims	Call or email: (240) 720-7868 info@tabularasadv.org	Nonprofit	English and Spanish	<a href="https://www.tabularasadv.org/">https://www.tabularasadv.org/</a>	
House of Ruth	Maryland	Various	See various here: <a href="https://hruth.org/contact/">https://hruth.org/contact/</a>	Domestic Violence Victims	Counseling: Main Office: Tel: (443) 569-0440 (to schedule an appointment please call the main Administration number)  House of Ruth Maryland Highlandtown (Spanish-speaking): Tel: 410-732-2176  Prince George's County Office: Tel: (240) 293-2301  Hotline: Tel: 410.889.7884	Nonprofit	English and Spanish	<a href="https://hruth.org/get-help/">https://hruth.org/get-help/</a>	

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Psychiatric Institute of Washington (PIW)	DMV	4228 Wisconsin Avenue, NW Washington, DC	Tel: (800) 369-2273	Inpatient Psychiatric Treatment center for individuals ages 10-17	Call (800) 369-2273 or fill out the online contact form: <a href="https://psychinstitute.com/contact-us/">https://psychinstitute.com/contact-us/</a>	Takes insurance; Includes medicaid	English and Spanish (using a translator)	<a href="https://psychinstitute.com/treatment-services/adolescent-acute-inpatient/">https://psychinstitute.com/treatment-services/adolescent-acute-inpatient/</a>	
Life Spring Counseling Services & Consulting	State of Maryland	Provides services to individuals all over Maryland via telehealth. The client must be within the state lines during the time of the session. They are not restricted to a certain county. Also offer in-person appointments at our office located in Monkton, MD.	Tel: (410) 497-8451 Email: <a href="mailto:hello@lifespringcounseling.net">hello@lifespringcounseling.net</a>	Therapy for children and teens; Other mental health services for adults	Schedule an appointment here: <a href="https://lifespringcounseling.net/take-action">https://lifespringcounseling.net/take-action</a>	Do not have any low-cost/flexible payment options at this time. Accepts insurance (BlueCross BlueShield, CareFirst, Cigna/Evernorth, Johns Hopkins EHP, and United Healthcare). Will also be credentialed with Aetna shortly. Can also offer clients "superbills" which are receipts of service. Clients can then submit the superbill to their insurance provider for reimbursement (if they have OON benefits).	Has a provider who offers services in Urdu and Punjabi (No Spanish)	<a href="https://lifespringcounseling.net/therapy-for-children-and-teens-in-maryland">https://lifespringcounseling.net/therapy-for-children-and-teens-in-maryland</a>	
The Valley	DMV (anywhere in country)	19120 Muncaster Road Rockville, MD 20855	Tel: (301) 355-7455 Email: <a href="mailto:info@thevalleydmv.com">info@thevalleydmv.com</a>	Rehabilitation center for individuals with addiction or other mental illness	Call or email: <a href="mailto:info@thevalleydmv.com">info@thevalleydmv.com</a> (301) 355-7455 Fill out the online contact form here: <a href="https://www.thevalleydmv.com/contact">https://www.thevalleydmv.com/contact</a>	Takes insurance; Includes medicaid. no sliding scale. Self pay.	English only	<a href="https://www.thevalleydmv.com/">https://www.thevalleydmv.com/</a>	
Changing Lives - Adult and Youth Services	Any Maryland Resident	9015 Woodyard Road Suite 109 Clinton, MD, 20735 4810 Saint Barnabas Rd. Suite 203 Temple Hills, MD, 20748	Clinton location: Tel: (240) 244-2924 Temple Hills location: Tel: (301) 541-0963	Outpatient Mental Health Program.  Services offer are: Individual Therapy Family Therapy Group Therapy DUJ Education Diagnostic Assessments Substance Abuse Assessment Clinical Comprehensive Assessment Re-entry assistance for returning citizens Medication Management Psychiatric Rehabilitation Services (PRP)	Fill out an appointment request here: <a href="https://www.claysbc.com/appointment-request2">https://www.claysbc.com/appointment-request2</a>	Takes insurance; Includes medicaid; pay out of pocket	Has One or two therapists who speak Spanish and can take clients. Also has an Nurse Practitioner, but only speaks English and would need an interpreter (they can't provide one)	<a href="https://www.claysbc.com/">https://www.claysbc.com/</a>	If you have notes, corrections, or feedback regarding any of these providers, or if you know of others that should be included, please email Stephanie Wolf ( <a href="mailto:stephanie.wolf@maryland.gov">stephanie.wolf@maryland.gov</a> ) and Sean Link ( <a href="mailto:sean.link@maryland.gov">sean.link@maryland.gov</a> )
Maryland Family Resource Inc.	State of Maryland and DC	Centre Pointe Business Park 903 Brightseat Road Landover, MD 20785	Tel: 301-333-2980	Mental Health Services, including: Abuse & Neglect Trauma treatment Adult Mental Illness Behavioral Problems Child & Adolescent Mental Illness Delinquency Educational Problems Learning Disabilities Parent Education & Training Substance abuse/ Co-occurring Issues	Fill out appointment request for here: <a href="https://www.mfrinonline.com/">https://www.mfrinonline.com/</a>  Hours: Monday-Friday 9am-9pm. Saturday 10am-2pm	Maryland Family Resource, Inc. accepts MD Medicaid, some forms of DC Medicaid, DC MHRs insurance coverage and some private insurances. The agency does NOT accept Medicare at this time.	Spanish -- Language line; Spanish speaking therapist.	<a href="https://www.mfrinonline.com/">https://www.mfrinonline.com/</a>	
Hope House Treatment Center	State of Maryland	26 Marbury Drive Crownsville, MD 21032 419 Main Street Laurel, MD 20707 [Temporarily Close]	Email: <a href="mailto:info@hopehousemd.org">info@hopehousemd.org</a> Crownsville: Tel: (410) 923-6700 Laurel: Tel: (301) 490-5551	Substance use treatment; Detoxification; Treatment for co-occurring substance use plus either serious mental health illness in adults/serious emotional disturbance in children	Call (410) 923-6700 or fill out the referral page here: <a href="https://hopehousemd.org/referrals">https://hopehousemd.org/referrals</a> . Hours are: Monday - Friday. 8AM - 4:30PM	Takes insurance; Includes medicaid; Self-pay rates	English only	<a href="https://hopehousemd.org/">https://hopehousemd.org/</a>	
Esperanza Center - Villa Maria Behavioral Health	Baltimore City and Anne Arundel, Baltimore, Frederick, Harford, Allegany, and Garrett	<a href="https://cc-md.org/programs/villa-maria-behavioral-health/">Various clinics, found here https://cc-md.org/programs/villa-maria-behavioral-health/</a> . Also offer telehealth.	<a href="https://cc-md.org/programs/villa-maria-behavioral-health/">A list of contact information can be found here. https://cc-md.org/programs/villa-maria-behavioral-health/</a>	Behavioral Health services	Appointments can be scheduled according to your needs in person or via telehealth. Call (667) 600-2000 or email <a href="mailto:behavioralhealth@cc-md.org">behavioralhealth@cc-md.org</a> .	Serves clients with Medicaid, including the Maryland Children's Health Program (MCHP) and Medicare.	Spanish	<a href="https://cc-md.org/programs/villa-maria-behavioral-health/">https://cc-md.org/programs/villa-maria-behavioral-health/</a>	



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K&I Healthcare Services, LLC	State of Maryland	Landover, Waldorf, Baltimore	Waldorf: Tel: (240) 419-3803 Landover: Tel: (240) 667-1679 Baltimore: Tel: (240) 667-1679	Outpatient Recovery, specializing in medication management, substance abuse, mood disorders.  Virtual Meetings.	<a href="#">Find the referral form at the following link and send it to referrals@kihealthcareservices.com</a> <a href="https://www.kihealthcareservices.org/services-and-programs">https://www.kihealthcareservices.org/services-and-programs</a>	Takes insurance; Includes medicaid. No sliding scale.	English and Spanish. Provider speaks Spanish or translator options.	<a href="https://www.kihealthcareservices.org/">https://www.kihealthcareservices.org/</a>	